



Writers' Club

Army Public School, Chandimandir

Champs

Newsletter

Volume-VII School Edition | April 2017 to September 2017

Principal's Message

Dear Reader,

We endeavour to instill in you the habit of reading and to imbue you with those qualities of head and heart that would enable you to face the challenges of life.

APS Chandimandir provides ample opportunities for developing skills and efficacy in diverse fields. This will ensure that when students leave school they are confident compassionate young people who are creative inquisitive and committed to perform well in their chosen field of study.


(Mrs Suman Singh)

Words of Wisdom

Men have made language, poetry, history, philosophy agents for the training of intellectuality, necessary parts of a liberal education, but the immense educative force of music, painting and sculpture has not been duly recognised. They have been thought to be bypaths of the human mind, beautiful and interesting, but not necessary, therefore intended for the few.

Sri Aurobindo



Endless Time

Time is endless in thy hands, my lord.
There is none to count thy minutes.
Days and nights pass and ages bloom and fade like flowers.
Thou knowest how to wait.
Thy centuries follow each other perfecting a small wild flower.
We have no time to lose,
and having no time we must scramble for a chance.
We are too poor to be late.
And thus it is that time goes by
while I give it to every querulous man who claims it,
and thine altar is empty of all offerings to the last.
At the end of the day I hasten in fear lest thy gate be shut;
but I find that yet there is time.

Rabindranath Tagore

Excellence in Academics 2016-17

Class X and XII students bring laurels to school and themselves. Congratulations to each one of them.

Class XII Toppers



Karan V. Mahajan
Science
94.6%



Nikhil Yadav
Science
93.4%



Gurbax Singh
Science
93.4%



Neha Maanju
Science
91.4%



Ajay Kumar
Science
91.4%



Arko Priyo Ghosh
Commerce
91.2%



Harpal Singh
Humanities
91.0%

Class X Toppers



Vaibhav



Pranav Singh



Arpita



Jaikender



Prikshit Lohan



Mohd Sameer



Udit Kumar



Sakshi



Ranbir Yadav



A Sai Kumar



Ankan Das



Aarti



Abhishek Mishra



Lakshay



Arpit Kadian



Rohit Raj



Shivani



Anoshna Mukherjee



Lokesh Jakhar



Gaurav Singh

Prem Joshi | Anuj Sharma | Mannat Alang | Dishan Chauhan | Tarana Chandel | Rishab Sharma
Kritika | Ritu | Prikshit Sharma | Surabhi | Lokender Sharma | Digvijay Singh Parmar | Aryan
Himanshi | Kashish Kundlas | Pragya Sharma | Vidushi Thakur

Investiture Ceremony 2017-18

"Leadership is the capacity to translate vision into reality"



Senior Wing Students' Council

A school is the nurturing ground for future leaders who will take our great nation ahead. Selection of School Council members is a step in that direction. In keeping with the tradition of the school, the Investiture Ceremony of the Senior Wing for the academic year 2017-18 was held on 18 May. The Chief Guest for the occasion was Brig Mamak, Brig ASC, HQWC, who along with the Principal bestowed badges and sashes to the 82 student council members.

The newly appointed Head Boy Rishab Negi, Head Girl Parbhjot Kaur, Cultural Minister Pratyasha Singh, Discipline Minister Manisha, Sports Minister Harmanpreet Singh, Captain of all four houses along with other council members were sworn in by the Principal. All members took an oath to shoulder their newly assigned responsibilities to the utmost of their ability, integrity and dedication. The Chief Guest appreciated the efforts of the Principal, staff and the students and encouraged

them to do their best in all their future endeavours.

The Primary Wing students are forever keen to emulate their leaders and follow in their footsteps. Hence an impressive ceremony for the Primary Wing was held on 10 May. The Principal Mrs Suman Singh as the Guest of Honour for the ceremony along with the officiating Headmistress, Mrs Rama Dogra and the respective House Mistresses bestowed sashes and badges to the 50 newly appointed Student Council Members.

Primary Wing Students' Council





Co-CURRICULAR ACTIVITIES



Regional Vice President AWWA interacting with the students during her visit to school : 18 July 2017



Maj Gen S P Mehta, MG Arty and Chairman of the school interacting with the students : 04 Aug 2017



Brig G S Mamak, Brig ASC, HQWC, Chief Guest for Investiture Ceremony 2017 : 18 May 2017



NCC Cadets
Winners of First Prize in Drill Competition



Maj Gen K H Gawas, Chief Signal Officer, HQWC interacting with the Vice Principal during APS FEST - Signature Event : 19 Aug 2017



Independence Day Celebrations



AND SPORTS AT A GLANCE



Football District Level Champions
U-14, U-17 & U-19



Winners of Gold Medal in Boys and Girls Doubles in
HQ 2 Corps Inter APS Badminton Tournament 2017



Students explaining their exhibits to the Principal
during Science Exhibition



Winners of First Prize in Dance Competition
held at Gurukul Global School, Chandigarh



Tech Radiance 2017 - Young Minds in action



Winners of Runners Up Trophy in HQ 2 Corps
Inter APS Hindi Debate Competition 2017

Life is Beautiful

Life is indeed beautiful but sometimes we fail to comprehend and accept it.

At times we introspect and ask, what is so beautiful about life? It is a miracle, how one being is connected to another and sometimes we don't even know a person but his/her decisions and actions affect our lives and our personality.

Life is full of moments of joy, pleasure and

comfort punctuated by misery, defeat, failures and problems. Life is interesting and amazing. Life is full of choices you just have to choose the right path and work hard. One must not let disappointment crush us. We must learn to adapt to all aspects of life.

One day, when each of us will look back to these moments, to the beauty of life in a wiser manner, we will comprehend and smile realizing the fact that Life is Beautiful. Sometimes people and life are unfair to you but one day that won't matter. All that will matter is that your life is a colourful panorama of different experiences making it a beautiful unique canvas.

-Shreya P. Pillai, XI E

Starve your Distractions and Feed your

focus



The story of Arjun piercing the eye of the fish while looking at its reflection is a saga of skill and focus. In order to achieve the desired goal, it is extremely important to remain determined towards it and avoid anything that distracts us from the same.

A strong commitment to your own self, a firm will and support from the family help us in striving towards achieving our aim. The popular saying, 'all work and no play makes Jack a dull boy', is indeed true. Recreational pastimes freshen up the mind and rejuvenate us so that with renewed zeal and vigour we pursue our aim. A pastime becomes a distraction if it becomes an addiction. This hampers our pursuit; social media is an apt example.

Yoga and meditation assist us in improving our concentration and we learn to channelize our energies to attain our goal.

Success and achievements have always been the by-products of a desire to excel. Therefore, remaining focused and keeping our distractions at an arm's length are prerequisites for success.

- Gayatri Sood, XII C



Save
water

Grandfather saw it in **River**
Father saw it in **Well**
We saw in **Tap**
Our children see in **Bottle**
Where will our Grand Children see it - **In Capsule?**
Introspect!
If we still neglect it will be seen in **Tears...**

Three Powerful Habits to Elevate your Life:

- 👉 Encourage instead of criticizing.
- 👉 Understand instead of judging.
- 👉 Initiate instead of waiting.

मोक्ष पाकर स्वर्ग में रखा क्या है?
जीवन सुख तो मातृ भूमि की धरा पर है।
तिरंगा कफन बन जाए इस जन्म में
तो इससे बड़ा कोई और धर्म क्या है?

राष्ट्रीय पर्व अर्थात् स्वतंत्रता दिवस, गणतंत्र
दिवस, गाँधी जयंती जिन्हें हम बड़े उत्साह और
उमंग से मनाते हैं और मनाएँ भी क्यों न, क्योंकि
इन दिनों के कारण ही आज हम स्वतंत्र
गणराज्य में सांस ले रहे हैं। इसका मोल हमारे
पूर्वजों ने अपने जीवन का बलिदान देकर
चुकाया है। हमारे पूर्वजों ने इस देश की पतवार
हमें इस उम्मीद के साथ सौंपी थी कि हम इस किशती
को संभाल कर रखेंगे।

हमारे राष्ट्रीय पर्व हमें उनकी अनमोल कुर्बानियों की याद तो
दिलाते ही हैं पर साथ में हमें हमारे कर्तव्यों का भी भान करवाते
हैं कि हम उन शहीदों को श्रद्धांजलि के रूप में भारत के गौरव

को सुनहरे अक्षरों में लिखवाएँ।

इसके लिए आवश्यकता है कि हम अपने गौरव पूर्ण
संस्कारों के साथ आगे बढ़ें और मातृभूमि की इच्छा को पूरा
करने के लिए नींव का पत्थर बन जाएँ तभी सच्चे मायनों में हम
आजाद होंगे।

काश! मेरी जिंदगी में सरहद की कोई शाम आए,
मेरी जिंदगी मेरे वतन के काम आए
न खौफ है मौत का, न आरजू जन्त की
लेकिन जब कभी जिक्र हो शहीदों का,
काश मेरा भी नाम आए।

जय हिन्द।

- इलीना पराशर, नौवीं - डी

राष्ट्रीय पर्व

समस्त सफलताएं

कर्म

की नींव पर
आधारित होती हैं।

आज

कल क्या था, कल क्या होगा
इस उलझन में, खोया है इंसान।
आज फिर घबराकर सोया है इंसान।
आज इसकी नींद तोड़ो, सपनों से इसे निकालो।
बोलो, भागो उन्हें सच करने को।
सपनों की दुनिया से निकलो तुम,
जुग-जुग जिओगे सपनों में तुम।
कंस जहाँ है, वध कर आओ, आज उठो,
जीतो फिर सो जाओ।
फिर कल उठकर आज बनाओ,
सपनों को अपनी मंजिल दिखलाओ।
उठो अब काम पर लग जाओ।

- अंशिता राणा, दसवीं - एफ.

स्वच्छता भाव जगाना है

मोदी जी ने लगाई चिंगारी, आग उसे बनाना है।
स्वच्छता का आदेश, हर जन तक पहुँचाना है।
स्वच्छ हो भारत, स्वस्थ हो भारत
ऐसा सबका उपदेश हो, कुछ सालों में भारत नो1 हो,
ऐसा करके दिखाना है।
राह में काँटे मिले तो, अंधे के लिए हटा देना।
पर यदि कूड़ा दिखे तो, डस्टबिन तक पहुँचा देना।
नमन करो उस भारत को, सत्कार करो उस भारत का।
जिसने कभी कुछ माँगा नहीं।
अब इतना करो इसके लिए,
प्यार इसका आपको बिना माँगे मिले।

- पंकिता, आठवीं - डी

शिक्षक जीवन की कलात्मकता

मानव जीवन की अनेक परिभाषाएँ हैं और उसे अनेक रूप में हम देखते हैं। मैं आपको शिक्षक जीवन की कलात्मकता से अवगत करवाना चाहता हूँ। यह समाज के साथ-साथ विद्यार्थियों एवं उनके अभिभावकों के लिए भी विशेष रूप से प्रेरणा दायक है। जहाँ एक ओर शिक्षक जीवन को हम कला मानते हैं दूसरी ओर सागर की तरह उसका विस्तार और संघर्षमय रूप भी दिखाई देता है। सागर में जिस प्रकार एक साथ शांति और अशांति है, वही स्थिति शिक्षक जीवन की भी है। ऊपर से स्थिर शांत दिखाई देने वाले शिक्षक के भीतर अशांति की असंख्य लहरें उठती रहती हैं। शिक्षक जगत इस अपार अशांति को भीतर ही भीतर दबाकर प्रकट रूप में पूर्णतः शांत एवं संयत जीवन जीने का भरपूर प्रयास करते हैं। शिक्षक जगत की अशांति का लोगों को पता भी नहीं लग पाता है। वास्तव में जीवन जीने की यही तो कलात्मकता है।

- कुलदीप सिंह, प्रशिक्षित स्नातक अध्यापक हिंदी

"With guns you can kill terrorists but with education you can kill terrorism." The human brain polished with a lubricant named education holds more power and influence than terrorising a victim held at gunpoint. Education holds more potential to create and destroy the great forces yet to be discovered. Imagine the power education holds in the minds of young children; the master pieces created in school. So "let us pick up our books and pencils. They are our greatest weapons."

-Malala Yousafzai



PLUGGED IN

'My friend told me there was life outside the internet and I should check it out. I asked him to send me a link.'

- Anonymous

When man becomes lazy then technology becomes crazy. How true it is! And this is visible through deep introspection of the present scenario. The power of the virtual world conquers your real life/ world and makes you an addict. This epidemic is affecting the young minds. It is very rightly said, "it is not good to have, too much of anything." The virtual world has crawled into the lives of the teenagers and it is a matter of great concern. The recent incidents of the online games like 'The Blue Whale' and 'The World of War craft' have left us all baffled. It is also important to understand that the virtual world comes with its own set of complications. Recent

researches' have found that too much of internet leads to increased distraction, anxiety, depression and even gaming induced psychosis. Internet usage also affects the academics, social life and moral values and makes us physically unfit. It poses threats like cyber bullying, cyber stalking, molestation, child pornography etc. So children, it is important for you to understand that the virtual world though has many advantages poses a threat to all of us and we should all try to remain safe by being vigilant and responsible when using social media and the internet.

- Ms Preeti Ahluwalia, PGT Psychology

*Editorial Board Signing off!
See you in March...
Happy Reading till then!*

Staff :

Ms Seema Handa, PGT | Ms Bakul Sangwan, TGT | Ms Renu Multani, TGT
Ms Suman Puri, TGT | Mr Kuldeep Singh, TGT | Ms Preeti Ahluwalia, PGT |
Mr Deepak Manchanda, TGT

Students:

Mannat Saini, XIE | Shreya P. Pillai, XIE | Aditya, XIA | Shreya XIA | Ipsitaa, XC

“

All **BIRDS** find **SHELTER** during **RAIN**
But **EAGLE AVOIDS** rain by **FLYING**
above the **CLOUDS**”

- APJ Abdul Kalam

